

# Neuropsychological Assessments

## What is a Clinical Neuropsychologist?

Clinical Neuropsychologists have a minimum of six years of training and hold advanced skills in the assessment, diagnosis, and treatment of individuals with various brain disorders or neurological differences.

They have an in-depth understanding of the cognitive, emotional, and behavioural effects of neurodevelopmental disorders, acquired brain injuries, neurodegenerative disorders and other neurocognitive conditions (see American Psychological Association for more information).

## What is a Neuropsychological Assessment?

Neuropsychological assessment assesses your “thinking skills” using standardised measures that have been designed to measure and understand various cognitive domains including general intellectual abilities, language functioning, non-verbal reasoning, visuospatial skills, learning and memory, attention, and executive functioning. Core academic skills are also often assessed including reading, writing, expressive and receptive language, and mathematical skills.

## What is a Neuropsychological Report

Following your assessment (approximately 3-4 weeks later) you will receive a neuropsychological report explaining your assessment results, outlining your cognitive strengths and weaknesses, and providing diagnostic opinion and management recommendations.

It will also provide cognitive strategies, interventions or support services that may help you to address your areas of concern or may include recommendations for further testing/other specialist opinions. You also have the option of a feedback session where the neuropsychologist can present your assessment results and answer any questions or concerns you might have regarding the report.

## What can you expect?

Your assessment will commence with a clinical interview between your neuropsychologist, yourself and/or other support people you wish to be present. The clinical interview helps your neuropsychologist can gain a deeper understanding of your current difficulties, your medical history, psychological history, and relevant personal history.

Assessments vary in length depending on the referral question but range from 2 to 8 hours inclusive of breaks. All assessments will start at 9 am unless discussed at the time of booking.

## What do you need to do and bring?

It is important to bring any relevant reports (or send them to the reception in preparation for your assessment), reading glasses or hearing aids if necessary, water, and snacks/lunch. Please take your normal medications on the day of the assessment as per your usual routine. We have a kitchen onsite to store any food if needed. There is also a café within Highpoint where you can purchase lunch or coffee.

## Parking Information

Two hours free parking is available underneath the highpoint building. This is accessible from the left side of Waterworks Road only. Following this, you will be required to move your car. Free all-day street parking is available on Trout Street and other surrounding streets (first street on the left after you pass Highpoint entry).

Please feel free to contact the practice with any further questions



HARDWICK PSYCHOLOGICAL SERVICES

Clinical Psychology - Clinical Neuropsychology

P: (07) 3515 0172 E: [hello@hardwickpsychology.com.au](mailto:hello@hardwickpsychology.com.au)

A: Level 1, 240 Waterworks Road, Ashgrove, QLD 4060 | [www.hardwickpsychologicalservices.com.au](http://www.hardwickpsychologicalservices.com.au)